



## SORSHA- FORMULA 1® ENGINEERING FITTER APPRENTICE

### What does an average day look like for you?

My average day consists of me coming to SETA, ready to start at 8am. Depending on which rotation I am on, I will spend some time getting ready for the activity I will be doing. For example, when I was on the milling rotation, every Monday would start with a risk assessment. I would then make my way into the workshop and start my practical assignments.

My favourite rotation so far (I'm on my 5th!) would be sheet metal. There is more of a freedom of expression in this, and as long as I complete the assessed tasks, I am free to be creative.

### What personal qualities do you think are important to do your job?

The personal qualities that I believe are important in mechanical engineering would be flexibility. Not so much in the shift patterns, as they are pretty structured, but in what you do day to day. It can change from one thing to the next, or you may be on a project for a few weeks. You need to be able to adapt to either. Other qualities would be to be personable and approachable. You may be working individually, or like me at Formula 1®, will be working within a team. It's important that you are able to get on with others and work together to ensure the highest quality of work. It also just makes a job that much better when you can have fun with who you work with.

### Why did you become a representative for the Apprentice Council?

I feel a great deal of responsibility doing this apprenticeship. I am one of 4 girls here at SETA and the only woman of colour. Its important to have representation and diversity, and have that reflected especially somewhere you are working. Its important to me to put myself in as many of these spaces as possible, just so that other girls like me can see that and believe that they can do this too. I wish I had it when I was growing up.

### How did you first become interested in engineering?

I first became interested in engineering when I worked as a flight attendant. I've always had a very big love and interest in aircraft, and I found it even more fascinating when I worked on one. There were many flights that I would go and sit in the cockpit and try and learn as much as I could from the pilots. At one point, piloting was something that I wanted to do, but the actual mechanics of flying are much more interesting to me.

### Why did you choose to do an apprenticeship

I would recommend an apprenticeship because not only do you get fantastic experience, but a qualification along the way, which can in turn let you pursue higher qualifications if you wanted to. It opens up so many paths to you. I believe there should be much more apprenticeships available.

### What has been your personal highlight so far?

My personal highlight has been my own personal growth. I came into engineering with very little confidence, I found it hard to believe in myself that I could do this. But with the support I've had from both SETA and Formula 1®, I am now very comfortable in this environment. It has been a big change, but its been the best one.



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